

Scantic Valley Regional Health Trust

Board Meeting

Tuesday, October 19, 2010

9:30 a.m.

Wilbraham Town Hall

Wilbraham, Massachusetts

Meeting Notes

(no quorum)

Members and Alternates Present

Arlene Miller, Chair

Tom Sullivan

Cheryl Decoteau

Town of Longmeadow

Town of Wilbraham

Lower Pioneer Valley Education Collaborative

Guests Present

Paul Pasterczyk

Amy Higgins

Christine Gagnon

Erica Gelinas

Corrinne Tranghese

Pat Kaplan

Karen Bergeron

Fred Winer

Carol Cormier

SVRHT Treasurer

SVRHT Wellness Coordinator

Hampden Wilbraham Regional School District

Town of Longmeadow

Town of East Longmeadow

Blue Cross Blue Shield

Tufts Health Plan

Tufts Health Plan – Retiree Products

Group Benefits Strategies (GBS)

Chair, Arlene Miller called the meeting to order at 9:33 a.m.. She noted that there was no quorum so no votes would be taken.

Approval of the minutes of the September 14, 2010 Board meeting:

In the absence of a quorum, Ms. Miller tabled this item until the next meeting.

Motion

Treasurer's Report:

Treasurer Paul Pasterczyk reviewed the Treasurer's Worksheets for August and September 2010 (unaudited figures). He said that the Fund Balance was \$3,641,934 as of September 30, \$1,227,772 above the Fund Balance target.

GBS Reports:

Ms. Cormier reviewed the Funding Rate Analysis by Plan, BCBS Level Monthly Deposit Quarterly Accounting report, and the stop loss report with claims paid through August 2010..

Ms. Cormier reviewed the report from Abacus Group on the Good Health Gateways diabetes program.

Wellness Report:

Amy Higgins reviewed the Wellness Budget to date.

Ms. Higgins reviewed the FY11 Wellness Programs. She said that it is likely that the colonoscopy incentive program and smoking cessation program will be repeated in FY11.

Ms. Higgins discussed the Walking program and said that there will be two \$50 gift cards awarded to individuals and questioned whether or not there should be a team prize.

Board members agreed that prizes such as water bottles or T-shirts could be awarded to members of the winning team.

Amy Higgins mentioned that Carol Cormier had sent her a copy of the new Cape Cod Municipal Health Group Wellness newsletter and asked Ms. Cormier to send it to the Board.

There was a discussion about having a Facebook page on wellness. There were no objections.

Ms. Higgins said that the new Berkshire Health Group Wellness Coordinator had called her and there was a sharing of information.

Early Retiree Reinsurance Program (ERRP):

Carol Cormier said that the SVRHT's application had been accepted and that Arlene Miller had signed on as the Authorized Representative with Carol Cormier as the Account Manager.

Dependent Audit:

Arlene Miller said the group should state why it would want to do a dependent eligibility audit and what the issues are, i.e. why do it or not do it. She suggested creating a *pros* and *cons* list. The PROS were (1) to lower costs, (2) to comply with laws, (3) to show elected officials that the group is serious about savings, (4) to clean up the list of eligible dependents and going forward to have each employer collect all needed documents to prove eligibility. The CONS were (1) don't want to drop people prematurely – err on side of protection, (2) people may not have the documents, (3) concern about things falling through the cracks, (4) possible burden on the HR people, and (5) there could be "heat" directed at elected officials.

Erica Gelinas said she had brought up the issue of the dependent audit and would like to have it happen. She suggested sending out a heads-up letter three (3) months prior to the start of the audit, warning people that the audit was coming and letting them know the documents they'll need to respond. She also discussed offering COBRA if a member voluntarily terminates during the 6-month audit period. She also said if members are found to be non-compliant at the end of the 6-month period, she would favor termination of those members.

Arlene Miller said that the group needs a comfortable dignified procedure and said she likes the idea of the heads-up letter three months in advance of the audit. She said the goal of the audit is to verify legitimacy of dependent enrollments.

Cheryl DeCoteau suggested using the term "verification" instead of "audit".

Ms. Miller said that this issue will be put to a vote at the November Board meeting.

Health Plan Reports:

Blue Cross Blue Shield - Pat Kaplan talked about flu shots and that now members can get free flue shots at a lot of clinics and pharmacies such as Rite-Aid and CVS.

Tufts Health Plan – Karen Bergeron said that the same situation applied for flu shots for Tufts as for BCBS.

Fred Winer, Tufts Senior products, said that there will be a \$0 copay on the Tufts Medicare Preferred HMO for preventative services starting 1/1/2011. He said smoking cessation programs would also be available.

Other Business:

There was no other business.

Arlene Miller adjourned the meeting at 10:40 AM.

*Prepared by Carol Cormier,
Group Benefits Strategies*