Scantic Valley Regional Health Trust

Board Meeting

Thursday, March 22, 2012 9:30 a.m. Wilbraham Town Hall Wilbraham, Massachusetts

Meeting Minutes

Members and Alternates Present

Arlene Miller, Chair Robert Weitz Beth Regulbuto Thomas Caliento Town of Longmeadow Town of Wilbraham Hampden Wilbraham Regional School District Town of East Longmeadow

Guests Present

Paul Pasterczyk Amy Higgins Christina Gagnon Corinne Tranghese Herta Dane Kimberly Jenks Suzanne Donahue Patricia Kaplan Chris Chrisanthopoulos Shirley Knowles Tom Lvons Fred Winer Emily Savaria Heidi Fountain Carol Cormier Karen Carpenter

SVRHT Treasurer SVRHT Wellness Coordinator Hampden Wilbraham Regional School District Town of East Longmeadow Town of Wilbraham Hampden Wilbraham Regional School District Blue Cross Blue Shield (BCBS) Tufts Health Plan (THP) Tufts Health Plan (THP) Health New England (HNE) Group Benefits Strategies (GBS) Group Benefits Strategies (GBS)

Chair, Arlene Miller called the meeting to order at 9:35 AM.

Approval of the minutes of the February 14, 2012 Board meeting:

Beth Regulbuto said that Peoples Bank should not read Peoples United Bank.

Beth Regulbuto made a motion to approve the minutes of February 14, 2012, as amended.

Motion

Tom Caliento seconded the motion. The motion passed by unanimous vote.

Treasurer's Report:

Treasurer Paul Pasterczyk reviewed the Treasurer's financial worksheets and statements for the period ending February 29, 2012. Mr. Pasterczyk said that the unrestricted fund balance last month was \$5.3M and that there was an excess of \$2.8M over the policy target of \$2.45M. He said that the Board committed \$1M to subsidize the FY13 health plan rates.

Wellness Program Report:

Amy Higgins distributed and reviewed the Wellness Budget and Agenda through February 2012. She said that 57% of the Coordinator's Salary and 80% of the Coordinator's Expenses have been utilized. Ms. Higgins said that 62% of the Program budget for expenses has been spent. She said this accounts for 58% of the overall budget.

Ms. Higgins reviewed the program participation of the current wellness programs. She said that there are 118 members participating in the Biggest Loser program and that to date, 12 members have achieved a 3% to 5% weight loss; 8 people lost 6% to 7% and 2 lost over 10% body weight. Ms. Higgins said that 13 members are enrolled in the Smoking Cessation program and that three received incentive awards to date.

Ms. Higgins reviewed the upcoming programs for March through May which include a colonoscopy incentive program, biometric screenings, health benefit fairs and a walking program.

GBS Reports –

Loss of Grandfather status for health plans – Carol Cormier said that she wanted to confirm the loss of Grandfather status under PPACA due to making plan design changes for FY13. She said that dependents of members will be covered until age 26, regardless of another offer of health insurance. She said that the zero copays on preventive services had already been implemented. She said that the approximate cost impact would be less than 1%.

<u>Retiree Drug Subsidy (RDS) Memorandum of Understanding (MOU)</u>- Carol Cormier presented the proposed Memorandum of Understanding for the FY13 Retiree Drug Subsidy Account Management. She said that the total proposed fee is \$6,000, and said that the fee did not increase from FY12.

Tom Caliento made a motion to approve the GBS FY13 RDS Account Management MOU as written.

Robert Weitz seconded the motion. The motion passed by unanimous vote.

Motion

Funding Rate Analysis by Plan - Ms. Cormier reviewed the FY12 Funding Rate Analysis by Plan with data through February. She said that the expense-to-funding ratio was 92.9%. Ms. Cormier reviewed the BCBS Level Monthly Deposit Quarterly Accounting report with claims paid through February 2012 and said that \$47K was due BCBS.

Ms. Cormier reviewed the Retiree Drug Subsidy receipts and said that all years have been reconciled through FY10.

<u>Reinsurance Reports</u> - Karen Carpenter reviewed the Stop Loss reports for FY11 and said that the Group has met the Aggregating Specific Deductible of \$150K and said there are 3 claimants on the report and a \$586.99 reimbursement is due the group through February 2012. Ms. Carpenter said that there are 10 claimants on the report of claimants that have reached 50% and 100% of the specific deductible with claims totaling \$1.24M.

Ms. Carpenter reviewed the Stop Loss reports for FY12 and said that there are 7 claimants on the report of claimants that have reached between 50% and 100% of the specific deductible with claims totaling \$774,574. She said that there are no claimants that have reached or exceeded the specific deductible for FY12.

<u>Reinsurance RFQ for FY13</u> – Carol Cormier said that she will be sending out the RFQ for FY13 in May and suggested that the Board may want to ask for quotes at the current policy specificiations.

The Board agreed with Ms. Cormier.

<u>ERRP Update</u> – Karen Carpenter said that ERRP sent out notices in February that the \$5 billion dollars designated for program reimbursements has been exhausted. She said that should the program collect overpayments, the money will be used to reimburse those with pended reimbursement requests on a first come first served basis. Ms. Carpenter said that SVRHT's reimbursement requests made in December of 2011 are over 1,000 down the waiting list for next reimbursements. She said that SVRHT received a total of \$53,007.07 from the program.

Dependent Eligibility Audit follow-up:

Arlene Miller asked the Board members to confirm they are following the enrollment guidelines provided by Enrollment Audit Solutions (EAS) and asking for the required documentation.

The Board members confirmed that they are following the guidelines.

Status of employers on implementing plan design changes for FY13:

The Board members each explained where they were in the Section 21 process. Most units have passed Section 21 and are working on their mitigation proposals.

Carol Cormier said that she tried to contact the Town of Hampden to find out where things stand and is waiting for their response.

Health Plan Reports:

<u>Blue Cross Blue Shield</u> (BCBS) - Pat Kaplan said that all of the units will be offering the Medex Enhanced effective July 1, 2012, with the exception of the Town of Hampden. She said that they are considering the enhanced plan, but haven't made a decision yet. Ms. Kaplan said that she would be visiting the town this week to answer any questions they may have.

<u>Health New England</u> (HNE) – Heidi Fountain said that HNE is working on the summaries of benefits for FY13. Ms. Fountain recommended the HNE "Here to There" care program, which would allow members to utilize services at Boston hospitals, which are outside of the HNE service area if both the HNE specialist and member agree that those services are necessary. Ms. Fountain said that adding this feature to the plan has not proven to add much to the claims cost for their insured book of business.

Carol Cormier mentioned that Fallon Community Health Plan offers a "Peace of Mind" program to its plans, which is similar to what Ms. Fountain is describing.

Ms. Fountain said that if the Board approves adding the feature, it will be mentioned on the summary of benefits and will require an amendment to the policy.

Tom Caliento made a motion to approve adding the "Here to There" program to the HNE plans effective July 1, 2012.

Motion

Beth Regulbuto seconded the motion. The motion passed by unanimous vote.

Other Business:

The next SVRHT Board meeting was scheduled on May 2, 2012 at 9:30 a.m. to be held at the Wilbraham Town Hall.

SVRHT Board meeting, 3/22/2012

<u>BCBS Innovations Award</u>: Suzanne Donahue introduced Shirley Knowles and Chris Chrisanthopulos and said that they were here to present the BCBS Wellness Innovations Award to the Scantic Valley Regional Health Trust.

Chris Chrisanthopulos congratulated the Scantic Valley Health Trust for its commitment to the health and wellness of its members and for their Wellness efforts and initiatives. Mr. Chrisanthopulos said that on behalf of Blue Cross Blue Shield of MA he would like to commend the Scantic Valley Regional Health Trust for taking action on wellness and the innovative wellness programs it offers its members. He presented a \$5,000 award check to the Group.

There was no other business.

Chair Arlene Miller adjourned the meeting at 10:40 AM.

Prepared by Karen Carpenter Group Benefits Strategies