

Scantic Valley Regional Health Trust (SVRHT)

Board Meeting

Thursday, March 13, 2014

1:30 PM

Wilbraham Town Hall

Wilbraham, MA

Meeting Minutes

Board Members and Alternates present:

Arlene Miller, Chair	Town of Longmeadow
Thomas Caliento	Town of East Longmeadow
Tom Sullivan	Town of Wilbraham
Richard Patullo	Town of Hampden
Cheryl Decoteau	Lower Pioneer Valley Ed. Collaborative

Guests present:

Lyn Hollinger	SVRHT Wellness Coordinator
Christina Gagnon	Hampden Wilbraham RSD
Corinne Tranghese	Town of East Longmeadow
Suzanne Donahue	Blue Cross Blue Shield of MA
Pat Kaplan	Blue Cross Blue Shield of MA
Laura Syron	Health New England
Erin Hayes	Tufts Health Plan
Fred Winer	Tufts Health Plan
Carol Cormier	Group Benefits Strategies

Arlene Miller, Chair, called the meeting to order at 1:30 PM.

Approval of the minutes of the February 19, 2014 meeting:

Tom Sullivan moved to approve the February 19, 2014 meeting minutes as written.

Dick Patullo seconded the motion. The motion passed by unanimous vote.

Motion

Treasurer's Report:

Arlene Miller read the communication sent by Treasurer Paul Pasterczyk who was unable to attend the meeting, and Board members received reports emailed by Mr. Pasterczyk. Ms. Miller said that Mr. Pasterczyk said February financial reporting is not completed, that February numbers look good and reflect the BC/BS quarterly reconciliation that was already discussed. She said Mr. Pasterczyk reported that he opened an account at TD Bank so Lyn Hollinger could avoid charges on gift cards for wellness program rewards.

Wellness Program report:

Lyn Hollinger, SVRHT Wellness Coordinator, reviewed the program participation report. She said that 219 employees, 5%, attended the screenings and of those, 95 employees (43% of those screened) completed the Health Assessment (HA).

Arlene Miller said that SVRHT needs a deadline for when those screened must complete the HA to qualify for the incentive.

There was a discussion. It was suggested that the deadline for qualifying for the incentive money for taking the HA be 30-45 days after completing screenings and alternatively that it be a fixed day, specifically April 30.

Ms. Miller said that April 30 was reasonable. She said the Board should leave it up to Ms. Hollinger to decide, but that it should be a specific date, such as April 30, rather than a number of days after the screenings.

The Board agreed with Ms. Miller's recommendation.

Lyn Hollinger reported results for the "Biggest Loser" Campaign. She said that 162 people weighed in, and 77 people weighted out. She said 57 of those completing the campaign lost weight, and 32% of those people lost 5% or more of their body weight.

Arlene Miller said that the Wellness Committee did a performance review on Ms. Hollinger and that it was a very good review. She said the Committee recommends increasing Ms. Hollinger's compensation from \$30/hour to \$35/hour.

Tom Caliento moved to approve Lyn Hollinger's compensation at \$35/hour as of 4/1/14,

Motion

Dick Patullo seconded the motion. The motion passed by unanimous vote.

Group Benefits Strategies reports:

Funding Rate Analysis Report – Carol Cormier reviewed the report with data through January 2014. She said that the report continues to show a favorable pattern with funding from the rate revenue exceeding claims, administration, and net reinsurance expenses. She said the expense-to-funding ratio was 90.2% and that there was an excess of funding over expenses of \$1.3 million.

Level Monthly Deposit (LMD) Reconciliation report for BCBS plans: Ms. Cormier said that the third quarter report is through January and that there is a debit balance of \$36,523 for the month.

Stop Loss reports – Carol Cormier reviewed the stop loss report for the FY14 policy year. She said there were two claimants who exceeded the \$175K specific deductible with total claims of \$528,035 and excess claims of \$178,034. Ms. Cormier said the \$150K aggregating specific deductible had not yet been approved as having been met. She said once it is approved, there will be an outstanding reimbursement of \$28,034. She said that there were four claimants on the report of claims between 50% and 100% of the stop loss deductible with claims totalling \$447,637.

Ms. Cormier said that there were six claimants on the FY13 policy period excess report and that total claims were \$1,475,692 and excess claims were \$425,692. She said that \$282,742 has been reimbursed to the SVRHT and this was an overpayment of \$7,050.

Tom Caliento asked if the report could show high cost claimants by Town.

Ms. Cormier said that she did not think that was a good idea and in some cases could present a HIPAA violation.

Board members agreed that they did not want the report broken out by town and district.

Affordable Care Act (ACA) Issues:

ACA Mandated benefits – Carol Cormier said all SVRHT plans will be compliant with the requirements as the health plan representatives detailed in materials in the packets and at the previous meeting.

Out-of-Pocket (OOP) Maximum requirement – Ms. Cormier said that the ACA requires all active employee plans to have OOP maximums starting on renewal this year. She said that the ACA allows OOP maximums to be no higher than \$6,350/Individual and \$12,700/Family. She said that SVRHT plans meet the OOP maximum requirement. Ms. Cormier said that at renewal in FY16, the ACA requires that prescription drug (Rx) copays and coinsurance count towards the OOP maximum; whereas, now Rx costs do not. She said that this will make the current OOP maximums too low since Rx member costs can make up from about 35-55% of total member cost share.

It was agreed to leave the OOP maximums at current levels and to propose changes for FY16.

PCORI fees – Ms. Cormier said that in July the SVRHT will have to pay the Patient Centered Outcomes Research Institute (PCORI) fees of \$1/member per year for the policy year ended June 30, 2013. She asked the health plan representatives to provide her with the member count to be used for payment. She said Mr. Pasterczyk will have to make payment on an IRS 720 form by July 31, 2014.

Tufts Expanded Fitness Benefit:

Erin Hayes said Tufts is expanding the Fitness benefit for insured business to cover classes in yoga, spinning and other activities. She said the dollar amount of the benefit does not change.

Tom Caliento moved to adopt the expanded Tufts fitness benefit.

Motion

Cheryl Decoteau seconded the motion. The motion passed by unanimous vote.

Enrollment Audits:

Carol Cormier said that at the last meeting Paul Pasterczyk had asked about the requirement to do enrollment audits every two years. She said that Ch. 32B, S.26 does require this but is not specific about it. She said that SVRHT did a dependent audit about two years ago. She said that the group could do a subscriber audit which is a different process. Ms. Cormier said that the employers can choose to self-audit, and if they take that approach the SVRHT should request confirmation from each employer that it has done the auditing.

There was a consensus to do self-auditing for now.

Ms. Miller asked Carol Cormier to again provide the list of documents employers should be obtaining to prove eligibility for health benefits. She said that SVRHT should request written confirmation from the HR departments that the audits are taking place.

Health Plan Reports:

Pat Kaplan, BCBSMA, said the health fairs are being scheduled and asked employers to call to schedule.

Laura Syron, HNE, said she had nothing new to report.

Erin Hayes, Tufts Health Plan, said she had nothing to report.

Fred Winer, Tufts Senior Products, said that there are more than 2,300 Senior plans in the U.S., and there are only fourteen rated higher than the plans provided by Tufts, BCBS and HNE.

Other Business:

Arlene Miller discussed indemnification of Board members.

Carol Cormier said that each governmental employer is responsible for providing indemnification for the Board representatives under their general E&O coverage.

Arlene Miller asked Carol Cormier to send the Board members an email about indemnification.

Tom Sullivan noted that the agenda for today's meeting said Wednesday instead of Thursday. He also said that he had heard comments that it was difficult to find items like the Agendas on the SVRHT website.

Ms. Cormier said she would correct the Agenda for the record.

Arlene Miller set the next meeting for May 29 at 9:30 AM at Wilbraham Town Hall.

<p>The meeting date was subsequently changed to June 4 at 9:30 AM at Wilbraham Town Hall.</p>

Arlene Miller adjourned the meeting at about 3:00 PM.

*Prepared by Carol Cormier
Group Benefits Strategies*